

NORTHWEST UROLOGY CLINIC, INC. PS

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YOU HAVE BEEN SCHEDULED FOR THE FOLLOWING:

UROFLOW (URINE FLOW RATE)

TIME TO REPORT...DAY_____DATE_____TIME_____ am/pm

The Mount Vernon office

FAILURE TO FOLLOW PREPARATION FOR PROCEDURE MAY RESULT IN THE PROCEDURE TO BE RESCHEDULED

PREPARATION FOR UROFLOW (URINE FLOW RATE)

It is essential that you come to the office for this test with a full bladder. Drink at least 16 ounces (2 cups) of water one hour prior to your examination. Please do not void for two-hours prior to the test. If for some reason you must void before the test starts, then make sure that you drink plenty of fluids to refill the bladder as soon as possible. A full bladder gives us the best results.

DESCRIPTION OF UROFLOW (URINE FLOW RATE)

The uroflow is a study to determine the flow rate of your urine during voiding. To make sure that the test is done properly you must come to the office with a full bladder-don't urinate before the procedure. You will be asked upon arrival to void into a measuring device in a private room. You must try to void with as much force as possible. This is one of the few tests in medicine which never hurts and doesn't involve a needle. If your bladder isn't full, please drink fluids until it is full, to make the test meaningful.

POSSIBLE RISKS OF UROFLOW (URINE FLOW RATE)

There are no risks with this procedure.