

NORTHWEST UROLOGY CLINIC, INC. PS

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YOU HAVE BEEN SCHEDULED FOR THE FOLLOWING:

ULTRASOUND PROSTATE BIOPSY

BIOPSY APPOINTMENT

DATE _____ TIME _____ IN _____

POST BIOPSY APPT

DATE _____ TIME _____ IN _____

FLEETS ENEMA: Take enema approximately 2 hours prior to your appointment.

MEDICATION: You will be given a prescription for antibiotics. Take as prescribed.

******STOP ASPIRIN ONE WEEK BEFORE YOUR PROCEDURE******

******TAKE 2 TYLENOL 500mg (ACETOMINAPHEN) 1 HOUR PRIOR TO APPT******

YOUR MAY EAT AND DRINK WHATEVER YOU NORMALLY DO THE DAY OF THE PROCEDURE.

YOU MAY DRIVE YOURSELF HOME FOLLOWING THE PROCEDURE.

DESCRIPTION OF PROSTATE ULTRASOUND AND BIOPSY

Ultrasound uses harmless sound waves to give us pictures of the prostate and allows us to accurately guide a biopsy needle to areas of concern. Indications for prostate biopsy include suspicion of cancer either by finger exam of the prostate or by elevation of a prostate cancer screening blood test (PSA). The procedure is done in the office without need of anesthesia. Initially, a complete finger exam is done. Next the ultrasound probe, finger-like in size and shape is placed into the rectum. With slight movement of the probe, many different views are obtained. Biopsies will be taken, in most cases, of the entire prostate. A spring loaded fine needle is placed through the probe and pointed directly at the lesion. Six to ten biopsies are usually taken. These biopsies are not usually painful. The entire exam takes 20-30 minutes. You may have some soreness around the rectum for up to one hour. You may also notice blood in the urine and stool for a few days, and in the semen for up to a month. We will not have the biopsy results for three to four days—so be patient.

POSSIBLE RISKS OF PROSTATIC ULTRASOUND AND BIOPSY

Blood may be noted in the stool and urine for a few days and in the semen for up to a month. Infection in the prostate or in the urine can occur even with antibiotic preparation. You should call if you develop fever, chills, severe pain, or have continuous or significant bleeding.