

Northwest Urology Clinic Inc., PS
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YOU HAVE BEEN SCHEDULED FOR THE FOLLOWING:

PLACEMENT OF GOLD SEED MARKERS

TIME TO REPORT...

DAY _____ DATE _____ TIME _____ AM/PM

SCHEDULED AT THE MT. VERNON OFFICE

**FAILURE TO FOLLOW PREPARATION FOR PROCEDURE MAY
RESULT IN THE PROCEDURE NEEDING TO BE RESCHEDULED**

PREPARATION FOR THE GOLD SEED MARKERS:

1. No aspirin, coumadin, Plavix or other non-steroidal anti-inflammatory drugs (i.e. Ibuprofen, Motrin, Aleve, and Advil) are to be taken for 7-10 prior to the seed placement.
2. There are no dietary restrictions on the day of the procedure. Eat as you normally would.
3. A Fleets enema must be administered two hours before the visit-if this is a problem, please contact the nurse for alternate instructions. You will be provided with an enema at the time of scheduling.
4. Start taking your antibiotic as directed before seed placement.

DESCRIPTION OF THE GOLD SEED MARKERS

The procedure for placement of prostate gold seed markers is very similar to a prostate biopsy. The patient is placed on their left side. An Ultrasound probe is placed in the rectum. The nerves to the prostate are injected with lidocaine for local pain control. Three small gold markers are then placed at pre determined locations within the prostate.