

Northwest Urology Clinic, Inc., P.S.  
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## **YOU HAVE BEEN SCHEDULED FOR THE FOLLOWING:**

### **CYSTOSCOPY (using flexible Cystoscope)**

TIME TO REPORT...DAY\_\_\_\_\_DATE\_\_\_\_\_TIME\_\_\_\_\_(AM...PM)

SCHEDULED AT    MT VERNON    STANWOOD    ISLAND HOSPITAL

### **DESCRIPTION OF CYSTOSCOPY**

Cystoscopy is a procedure that is used to visually inspect the bladder and the urethra (tube leading out of the bladder). This can be done in most instances without discomfort with the use of a local anesthetic jelly. You will lie flat on a table and the urethra will be cleaned. A local anesthetic will be placed into the urinary channel and left for a short time. The cystoscope or telescope is passed into the bladder and the inspection is carried out. The entire exam takes less than 10 minutes. Afterwards you might expect a little discomfort with voiding and perhaps a spot of blood for a day or so. A warm bath helps to relieve this irritation and will wash off the soap we've used to prep the area. You will receive one antibiotic after the procedure. Please call us if you have more questions.

### **POSSIBLE RISKS OF CYSTOSCOPY**

After this type of procedure a small risk of infection exists. If new symptoms of burning, frequency or bleeding occur afterwards, please let us know.

### **PREPARATION FOR A CYSTOSCOPY**

No restrictions of diet, fluids or medications exist for this examination.

Stop aspirin 5 days prior to procedure. No vitamins the morning of your procedure.

### **FOLLOW UP INSTRUCTIONS**

Follow up will be discussed after the procedure.