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## **YOU HAVE BEEN SCHEDULED FOR THE FOLLOWING:**

### **TRANSURETHRAL MICROWAVE THERAPY OF THE PROSTATE**

TIME TO REPORT...

DAY \_\_\_\_\_ DATE \_\_\_\_\_ TIME \_\_\_\_\_ AM/PM

### **SCHEDULED AT THE MT. VERNON OFFICE**

**FAILURE TO FOLLOW PREPARATION FOR PROCEDURE MAY RESULT IN  
THE PROCEDURE NEEDING TO BE RESCHEDULED**

### **PREPARATION FOR THE MICROWAVE THERAPY**

1. A Fleet enema must be administered two hours before the visit.
2. Eat a light breakfast and reduce the amount of liquids you consume prior to treatment.
3. Take any medications your doctor has prescribed for you. Your doctor may prescribe an antibiotic and/or medication to help you relax during the procedure.
4. Arrange for someone to drive you to and from your doctor's office for your treatment.

### **DESCRIPTION OF THE TRANSURETHRAL MICROWAVE THERAPY (TUMT)**

This procedure is a transurethral microwave therapy device that provides a non-surgical, minimally invasive procedure for the treatment of symptomatic benign prostate. The treatment will take approximately 45 minutes, not including preparation time. The treatment uses a balloon type catheter inserted into the urethra (the canal that carries urine from the bladder to the outside of the body) and a temperature monitor inserted into the rectum. The device uses a combination treatment of compression of the wall of the urethra together with heat applied to the prostate area near the urethral wall using microwave energy. The device heats the prostatic tissue to a temperature between 106 F to 115 F.

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